

BREAST Reconstruction...

What are the Best Options for You

Breast reconstruction can ultimately help women regain their confidence and feminine form. Breast cancer presents women with dual challenges: not only must they battle a life-threatening illness, but survivors can be left feeling permanently scarred by life-saving surgeries employed to combat their breast cancer. Other women have not been affected by cancer, but find themselves at high risk of developing breast cancer in the future due to genetic predispositions and are proactively seeing breast reconstructive options. Our reconstructive surgeons are experienced in the most advanced breast reconstruction techniques, whether you're considering immediate or delayed breast reconstruction, autologous tissue breast reconstruction or implant based breast reconstruction.

Autologous Tissue Breast Reconstruction

Autologous tissue breast reconstruction allows the surgeon to use your own fat, skin and muscle to rebuild your breast. With autologous tissue breast reconstruction, surgeons can re-form breasts that look and feel more natural, without the need for artificial implants, over the course of several stages. Our surgeons are among only a handful of plastic surgeons in the United States who perform the most advanced breast reconstruction techniques, including perforator based microsurgical techniques that can help speed recovery and limit weakness at the donor sites by sparing the underlying muscles. Sky Ridge Medical Center partners with these reconstructive surgeons to offer the most advanced techniques in autologous breast reconstruction including, but not limited to:

DIEP (Deep Inferior Epigastric Perforator) Flap: surgeons use fat and skin from the patient's abdomen to create new breasts in the initial stage of this breast reconstruction.

SGAP (Superior Gluteal Artery Perforator) Flap: surgeons use fat and skin from the patient's buttox to create new breasts in the initial stage of this breast reconstruction.

TUG (Transverse Upper Gracilis) Flap: surgeons use fat and skin from the patient's inner thigh to create new breasts in the initial stage of this breast reconstruction.

TRAM (Transverse Rectus Abdominus Myocutaneous) Flap: surgeons use fat, skin and underlying muscle from the patient's abdomen to create new breasts in the initial stage of this breast reconstruction.

MUSCLE-SPARING FREE TRAM (Transverse Rectus Abdominus Myocutaneous) Flap: surgeons use fat, skin and underlying muscle from the patient's abdomen to create new breasts in the initial stage of this breast reconstruction.

LATISSIMUS (Latissimus Muscle) Flap: surgeons use fat, skin and underlying muscle from the patient's back to create new breasts in the initial stage of this breast reconstruction.



IMPLANT-BASED BREAST RECONSTRUCTION

Many women considering breast reconstruction elect to use implants to help re-form their breasts. Implant and tissue expander methods of breast reconstruction are ideal for those women who do not have enough of their own tissue to use for reconstructing the breast or those who simply desire an implant-based reconstruction. With these techniques, there are no other donor sites from which tissue is removed. By using tissue expanders to create a pocket for a permanent implant, our reconstructive surgeons can help women regain their feminine form.

Sky Ridge Medical Center partners with reconstructive surgeons to provide high quality comprehensive care that our breast patients deserve. They are well versed in the most advanced surgical techniques, and can help you decide what type of breast reconstruction might be right for you.

For more information, please visit our website at www.skyridgemedcenter.com or call at our Breast Health Navigator at 720-225-CARE (2273).